




# Sophia Lawrence

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## PROFESSIONAL PROFILE

Multi-disciplinary visual artist with extensive fine arts training, interested in whimsy and storytelling. Dedicated student and lifelong learner, passionate about inclusive and accessible art education and community development. Calm, patient and creative facilitator and educator.

## AWARDS

Reisman Entrepreneurial  
Internship  
Mount Allison University  
(*March 2020*)

Anne Cusack Memorial  
Entrepreneurship Award and  
Scholarship  
(*June 2019*)

The Duke of Edinburgh's  
Award  
Silver Medal  
(*February 2018*)

## PROFESSIONAL EXPERIENCE

### PEER ASSISTED LEARNING SUPPORT PROVIDER (PALS)

Nova Scotia Community College Writing Centre (*2023*)

- Offered one on one writing and English language support.
- Collaborated with fellow students in a professional learning environment to provide support on a variety of topics/subjects.
- Worked with ESL (English as a Second Language) and ALP (Adult Learning Program) students.

### ARTIST FACULTY INSTRUCTOR

Ross Creek Centre for the Arts (*2023-present*)

- Designed and facilitated art workshops for children aged four to sixteen.
- Created lesson plans, schedules, and material/resource lists.
- Specialized in comic and graphic novel writing and puppetry.

### GARDENER AND LANDSCAPER

Self-employed (*2023*)

- Offered a broad range of property maintenance services including, lawncare, gardening, landscaping, and small carpentry repairs.
- Worked one-on-one with clients to understand specific job needs and scheduled work efficiently with close attention to weather and other factors.
- Provided my own transportation and arrived with my own personal protective equipment, tools and power tools.

### BUSINESS CREATOR - OWNER

Marigold Studio (*2014-2023*)

- Became a small business owner at 14 by printing my art on to greeting cards and buttons which I market via social media, at Farmers' Markets, retail stores and art fairs.
- Business expanded in 2016 to include tote bags and stickers with my hand drawn images.
- In 2018 began creating annual t-shirt and hoodies.
- In 2020 launched an ecommerce website.
- Developed skills in self-employment, customer service, wholesaling, art commissions, supplier research, website design/management, online point of sales and budgeting.

## EDUCATION

NSCC  
Screen Arts Diploma  
(*incomplete*)

Mount Allison University  
Bachelor of Fine Arts with  
Distinction  
(*2023*)

Dean's List (*2021, 2022, 2023*)

Dr. JH Gillis High School  
High School Diploma  
(*2019*)

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## PROFESSIONAL AND TECHNICAL SKILLS

Drawing and Illustrating

Printmaking

Painting

Puppetry and Performance

Set Design

Art Instruction and Education

Outdoor Programing

Recreation Direction

Team Management

Video Creation and Editing

Entrepreneurship

Social Media Marketing

Cooking and Serving

Carpentry

Landscaping

Gardening

Creative Writing

Writing Instruction

OH&S (Sep 2023)

WHMIS (Sep 2023)

MS Office (Word, Outlook, PowerPoint, Teams)

## PROFESSIONAL EXPERIENCE Continued

### STUDENT PRINT TECHNICIAN

Mount Allison University- Purdy Crawford Centre for the Arts (2022- 2023)

- Completed all routine studio maintenance (replenishing supplies, cleaning and organizing, updating WHMIS labels, press maintenance, and other tasks as required)
- Provided technical guidance to print students and monitor safe studio use during open workshop times.
- Contributed to ongoing studio project: letterpress type catalogue.
- Specialized in letterpress type setting and printing.

### ILLUSTRATIONS EDITOR

Argosy (2020-2023)

- Managed a team of illustrators, assign and delegate illustrations.
- Used Photoshop to edit and finalize illustrations and ready them for print.

### CARPENTRY LABOURER

Dave's Carpentry and Handyman Services (2021-2022)

- Contributed to the building and restoration of houses, application and installation of building materials from foundation to finish.
- Practiced safe use of a variety of power tools and adhered to safety and building code requirements.
- Focused on quality craftsmanship and attention to detail.

### ASSISTANT SET AND PROP DESIGN

Festival Antigonish and North Barn Theatre (2021)

- Assisted in puppet making, prop design and production, set building.
- Supervised and organized workshops and work parties

### ZINE LIBRARY CREATOR AND CO-MANAGER

MTA Independent Zine Review (2021-2023)

- Built and maintain a miniature zine library.
- Co-manage social media.
- Host workshops and collaborations with local galleries

### RECREATION DIRECTOR AND COUNSELLOR

Ross Creek Centre for the Arts – Teen Arts Academies (2017, 2018, 2019)

- Cared for the camp and property in all areas, worked extensively in an industrial kitchen setting, housekeeping, gardening and property management.
- Responsible for safety and training of youth aged 6 to 17 at overnight camp.
- Led and planned outdoor recreation activities.
- Supervised counsellors in training and junior counselors
- Acted as ambassador for *Two Planks and a Passion Theatre*